



SHORE

Shore Swimming – December Holiday Programme

Week 1 (11– 15 December)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gold and Silver Squad	7:00am – 9:00am 3:45pm – 5:45pm	7:00am – 9:00am 3:45pm – 5:45pm	7:00am – 9:00am 3:45pm – 5:45pm	7:00am – 9:00am 3:45pm – 5:45pm	7:00am – 9:00am 3:45pm – 5:45pm	TBC
Bronze Squad	7:00am – 8:30am 3:45pm – 5:45pm	7:00am – 8:30am 3:45pm – 5:45pm	7:00am – 8:30am 3:45pm – 5:45pm	7:00am – 8:30am 3:45pm – 5:45pm	7:00am – 8:30am 3:45pm – 5:45pm	
Mini Squad	7:00am – 8:00am 3:45pm – 5:45pm	7:00am – 8:00am 3:45pm – 5:45pm		7:00am – 8:00am 3:45pm – 5:45pm	7:00am – 8:00am 3:45pm – 5:45pm	
Learn to Swim	8:00am – 9:00am 3:45pm – 5:45pm	8:00am – 9:00am 3:45pm – 5:45pm		8:00am – 9:00am 3:45pm – 5:45pm		

Week 2 (18 – 21 December)

Gold and Silver Squad	7:00am – 9:00am	7:00am – 9:00am	7:00am – 9:00am	7:00am – 9:00am		
Bronze Squad	7:00am – 8:30am	7:00am – 8:30am		7:00am – 8:30am		
Mini Squad	7:00am – 8:00am	7:00am – 8:00am		7:00am – 8:00am		
Learn to Swim	8:00am – 10:00am	8:00am – 10:00am		8:00am – 10:00am		

