



Senior School Student Guide Years 7-12

1

Establish a daily routine.

Use your regular class timetable as a framework (8:20am - 2:50pm) Schedule breaks, quiet time and being active.

2

Check your Lampada class page.

At the beginning of each day you will always have a Zoom lesson Period 1. Ensure you virtually attend your timetabled class. Instructions for all classes and learning activities throughout the day will be clearly posted on your Lampada class page in the 'News' section.

3

Ensure that you are present for all scheduled virtual classes.

Times for Zoom classes will be clearly communicated by your teacher on your Lampada class page and take place in your regular class time

4

Collaborate with your peers and support each other's learning.

5

Check-in with your parents about your learning at the start and end of each day.

6

Contact staff via email if you have any questions or concerns.

For questions about classwork contact your teacher.
For pastoral matters contact your Tutor.

Our main platforms for Distance Learning:



Lampada



Zoom



MS Teams



OneNote