| beverages |  |
| :---: | :---: |
| oak chocolate milk | \$3.80 |
| oak vanilla malt milk | \$3.80 |
| up and go chocolate | \$3.25 |
| iced tea peach (no sugar) | \$4.50 |
| lemon iced tea (no sugar) | \$4.50 |
| berry Gatorade (no sugar) | \$5.00 |
| Gatorade glacier (no sugar) | \$5.00 |
| apple juice | \$3.50 |
| water - still | \$1.50 |
| water - sparkling lime | \$3.25 |
| Voss sparkling water | \$4.00 |
| bakery |  |
| caramel slice | \$5.50 |
| gourmet doughnut selection* | \$6.00 |
| lamington | \$5.00 |
| banana bread | \$4.00 |
| beef pie | \$5.00 |
| traveller pie | \$5.00 |
| sausage roll | \$5.00 |
| ramen noodles | \$4.50 |
| selection of gourmet cookies | \$4.50 |
| muffin of the day* | \$4.00 |
| ham and three cheese sourdough toastie* | \$5.00 |
| tomato sauce | \$0.25 |
| bbq sauce | \$0.25 |
| fresh |  |
| whole fruit | \$1.00 |
| breakfast items |  |
| bacon and egg roll* | \$8.00 |
| daily lunch specials |  |
| gourmet hot item | \$8.00 |
| daily salad | \$8.00 |

* these items cannot be ordered online


## traditional sandwiches

ham, cheese, lettuce and tomato $\$ 5.50$
chicken, mayo, lettuce
egg, mayo, herbs and lettuce $\quad \$ 5.50$
lettuce, tomato, cucumber, beetroot and tasty cheese and pesto
tuna, mayo, lettuce, cucumber $\$ 5.50$
snacks

| grainwaves | $\$ 3.00$ |
| :--- | :--- |
| red rock deli chips | $\$ 3.00$ |
| cobbs popcorn | $\$ 2.50$ |

## icecream

icy poles* ${ }^{*} \quad \$ 2.00$
maxibon* $\$ 5.00$
drumsticks* $\$ 5.00$
frosty fruits* $\$ 3.00$
milo frozen shakes* ${ }^{*} \$ 4.50$

* these items cannot be ordered online

