



## Breakfast

TURKISH TOAST	\$3.00
TURKISH TOAST W VEGEMITE OR JAM	\$3.50
HAM & CHEESE JAFFLE	\$3.00
BREAKFAST WRAP – BACON & EGG & SAUCE	\$4.00
FRUIT SALAD W YOGHURT	\$3.50
TRIO OF FRESH SEASONAL FRUIT	\$3.50
FRUIT YOGHURT – BERRY COMPOTE	\$3.00
WARMER BANANA BREAD W BUTTER	\$3.00
WARMER BAKED COOKIE	\$2.50
HOUSE BAKED GARLIC BREAD	\$2.00
ASSORTED MUFFINS	\$3.00
FRESH FRUIT	\$1.00

## Build your own sandwich

WRAP, ROLL, GLUTEN FREE 50c EXTRA

FILLINGS:

TOASTED UPON REQUEST

VEGEMITE & CHEESE	\$3.00
CHEESE & TOMATO	\$3.50
HAM	\$3.50
HAM, CHEESE & TOMATO	\$4.00
HAM & SEASONAL SALAD	\$4.00
EGG, LETTUCE & MAYO	\$3.50
ROAST CHICKEN	\$4.00
TUNA MIX	\$4.50
BLAT	\$4.50

## Weekly Specials \$6.00

MONDAY

SINGAPORE NOODLE W CHICKEN & SWEET CHILLI

TUESDAY

BEEF BURGER W TOMATO & CHEESE

WEDNESDAY

NACHOS CHILLI CON CARNE WITH GUAC, CORN CHIPS & SOUR CREAM

THURSDAY

BUTTER CHICKEN W STEAMED BASMATI RICE

FRIDAY

PENNE BOLOGNASIE W PARMESAN

## Lunch

CHICKEN CAESAR SALAD	\$5.50
DAILY MADE PASTA SALAD	\$5.00
GARLIC BREAD	\$2.00
NOODLE POTS	\$3.00
VIETNAMESE RICE PAPER ROLLS, VEGETARIAN OR CHICKEN 2 PIECES	\$5.00
BIG CRUNCH SUSHI ROLLS, VEGETARIAN, CHICKEN, BEEF OR TUNA	\$3.50
SUCH MUNCH BOX	\$5.00
ASSORTED PIES, MEAT, CURRY, POTATO	\$4.00
TRAVELLER PIE MEAT OR PEPPERED STEAK	\$3.50
SAUSAGE ROLL	\$3.00
BEEF & TOMATO LASAGNE	\$4.00
WHOLE FRUIT	\$1.00

## Drinks

ORGANIC ORANGE JUICE POPS	\$2.50
DEEP SPRING MINERAL WATERS	\$4.00
FUZE ICED TEA'S	\$3.50
MT FRANKLIN WATER – 600ML	\$3.00
FULL CREAM MILK – 300ML	\$2.00
FLAVOURED MILK – SMALL	\$2.50
FLAVOURED MILK – LARGE	\$3.50
PUMP FLAVOURED WATER	\$4.50
POWERADE	\$4.50
DARE ICED COFFEE	\$4.50
UP & GO	\$2.50

## Treats

ICY POLES	\$1.50
MAXIBON	\$3.50
MILO SCOOP CUPS	\$2.75
FROZEN YOGHURT	\$2.00
MUFFINS	\$3.00
CURLY WURLY	\$1.00
LIFESAVERS	\$1.50
EUCALYPTUS DROPS	\$0.50
MENTOS	\$1.50
PYTHONS	\$1.50
RED ROCK CHIPS	\$2.50