SHORE

## Years 4 to 6 Games

Competitive games are played by all boys in Years 4 to 6 on Saturday mornings, usually between 8am and Noon, throughout each of the four terms. In Terms 1 and 4 students play Basketball, Cricket or Tennis. In Terms 2 and 3 students play Rugby or Football. In addition, a Swimming season (Term 1), Cross Country events (Term 1) and Athletics season (Term 3) provides those boys selected in teams, the opportunity to represent Shore and compete at carnivals against students from other schools.

## Principles

The Games programme is an essential element of the educational and pastoral programmes of the School. It provides opportunities to:

- Represent the School and develop school spirit.
- Participate in a team activity.
- Develop perseverance and learn how to cope with disappointment.
- Maintain a healthy life style
- Develop self-esteem.
- Experience a variety of games which may become a life-long interest.
- Learn about commitment, discipline, team work and sportsmanship.
- Develop and consolidate friendships (often outside of one's own peer group).
- Gain enjoyment from and experience the challenge of competition.
- Learn to win graciously and lose honourably.


## Participation

It is expected that as part of enrolment at Shore School, boys participate in the Games programme offered by the School. Boys with physical or medical difficulties, or who wish to play games not offered by the School, or who wish to participate at a representative level, must apply to the Head of the Preparatory School. Exemptions are rare and will be considered on an individual basis. The School forms the primary community for the boy and as such, school teams must take precedence over district, village or local clubs. Where a clash occurs the school team and commitment must always come first.

## Team Selection

At the beginning of each season, trials are held and boys are placed in team squads. The School exercises a degree of flexibility in squad numbers to best accommodate the range of abilities. Selection is often a contentious area and can involve disappointment for boys whose expectations are not met.

When this is the case, coaches are asked to seek out individuals likely to be disappointed and provide specific feedback and areas for improvement. Care is taken during the selection process to ensure all students are observed. Initial selections should never be considered as final and some movement between teams should be expected, especially in the early weeks of a season or to cover for injuries. In the rare circumstances that a student has been inadvertently misplaced in a squad, this will usually become apparent through their performances in the early rounds of competition and appropriate adjustment made. It is prudent for coaches to consider credentials and participation in sport outside school alongside a boy's performances in trials. Consulting previous coaches from within the School may also be helpful, but it is important to view boys afresh each season, particularly when new students have entered an age group.

Should parents have concerns after the initial rounds, these should be addressed to the Sports Master. All team selections are displayed on the Sports noticeboard by the Thursday before a game and a Fixtures List is distributed at the beginning of each term. In this way boys and parents will always have enough notice for Saturday arrangements. The team sheet should include:

- Team List.
- Time of game and venue.
- Warm up time (usually a half hour before the start).
- Captain's name and phone number (for wet weather).


## Age Groupings

Boys are expected to participate in their own age group. Age groupings are determined by:

- Summer Sports - Year groupings.
- Winter Sports - Age groupings (the age the boy turns during the year).

Note: Occasionally teams are determined in age squads eg. Senior Soccer $=$ Years 5 and 6 boys.
Exceptions to this will only be considered in special cases and must consider the safety of all students.

## Leave

Since games are part of the educational programme, all boys are required to be available for all matches. If a boy wishes to be excused from Saturday sport, his parents must request permission for leave, in writing, from the Head of the Preparatory School at least two weeks prior to the requested date. Leave should not be assumed and may be dependent on the School's ability to field a team. If a member of staff requires leave, they should request this from the Head of the Preparatory School. Leave should not be assumed and may be dependent on the School's ability to provide suitable supervision.

## Wet Weather

The Sports Master will cancel sport either on Friday afternoon or Saturday morning. The Sports Master will update the School website. All boys should have their team captain's phone number. If Wednesday afternoon sport is cancelled, boys will remain at and be dismissed from North Sydney Campus at 2.55 pm . Parents will be e-mailed and the website updated by lunch time.

## Illness

If a boy is absent on Friday, parents are requested to advise of the likelihood of his participation on Saturday. If a boy falls ill on Friday evening or Saturday morning, the team captain should be called by 7:00am or ASAP, so that he can inform the coach upon arrival and a replacement can be arranged.

## Equipment

Whilst the school provides basic equipment for games (eg. balls, stumps) and at practices, boys are required to bring their own equipment to Saturday games for tennis and cricket eg. (bat, pads, protector).

## Uniform

- Swimming - Shore regulation costume, Shore collared long sleeved swimming shirt (for students attending carnivals) Shore rash shirt optional.
- Cricket - Cricket whites - shorts or long pants, collared shirt (polo) white shoes, white socks and white wide brimmed hat with embroidered Shore logo.
- Basketball - School basketball uniform (white singlet), Shore basketball socks. PE shirt or Shore basketball shirt for training
- Tennis - Blue and white Shore PE shorts and regulation white polo shirt with blue collar and crest, white socks with blue stripe, white shoes with white soles and navy sun hat with embroidered school badge.
- Athletics - Round neck, long sleeve blue 'Shore Athletics Team' shirt, PE shorts. Athletics singlet for students selected in the athletics team.
- Football - School jersey and socks, navy blue shorts, shin pads and mouthguard.
- Rugby - Shore jersey and socks, navy blue shorts, mouthguard, headgear and boots. Shoulder vest and skins optional. Shore reversible training jersey available from clothing pool

For Swimming, Athletics and Winter Sports, a Shore track-suit may be added. No casual clothing or items representing other sporting teams should be worn to attend School games. Alternative jerseys may be worn to Wednesday training throughout the winter season.

## Parental Attendance and Conduct

At this age, a parent or designated adult should be in attendance throughout games. Parents are expected to be acquainted with and observe the IPSHA Guidelines for Parents and Spectators.

