



Shore Association Weekly

Vol. 6, Term 2 Week 4, 2017
saw@shore.nsw.edu.au

Bringing Parents Together

2017 Calendar

2017 Term 2

May 18 th	Kindy Mum's Dinner
May 19 th	Year 7 Mum's Drinks
May 24 th	Seminar – Sleep for Better Health, Resilience & Performance - details attached
May 29 th	Careers Expo organised by Old Boys' Union – details below
May 30 th	Skittles Movie Night, Cremorne Orpheum – details attached
May 31 st	Year 2 Mum's Dinner
June 1 st	Year 3 Mum's Dinner
June 6 th	Year 4 Mum's Dinner
June 7 th	Year 5 Mum's Dinner
June 8 th	Year 8 Dad's drinks and Year 9 Dad's night out
June 13 th	Year 12 Mum's Dinner
June 16 th	Year 10 Parents Social Evening

2017 Lower North Shore Careers Expo



Monday 29 May 2017

Shore Gymnasium, Blue Street North Sydney
4-6.30pm

For Year 10-12 students and their parents
50+ tertiary exhibitors, including major universities
Light refreshments available





SHORE ASSOCIATION PARENT SEMINAR: *Sleep for Success*

“Sleep for Better Health, Resilience and Performance”

The Shore Association invites parents to attend an informative seminar on **Sleep** by **Lisa Maltman** from **The Sleep Connection**.

Lisa collaborates with key Australian adolescent sleep specialists and psychologists from the Sydney Woolcock Institute of Medical research, who are world leaders in sleep research. www.thesleepconnection.com.au

Sleep is an important study tool. **30% of primary school students** and **70% of teenagers** experience sleep deprivation.

The Seminar will focus on the consequences of sleep deprivation on our children’s learning and academic performance, along with their emotional health and will also provide tips on how to develop smart sleep habits.

DATE: Wednesday 24th May 2017,
Smith Auditorium

TIME: 7.00-8.00PM

COST: No charge, Refreshments will be served

CONTACT: Electra Wiggs, ewiggs@bigpond.net.au

RSVP: <http://www.trybooking.com/PIYT>

SHORE MOVIE NIGHT



Fundraiser for the Skittles Store at the American Tea

7:30pm for 8:15pm

30th May Cremorne Orpheum

Tickets \$40. Includes Drink and light supper

Tickets at trybooking: <http://www.trybooking.com/PZOT>

Bridget Hall - 0419 416 559

Belinda Bayliss - 0422 622 201

Year 8 Dad's Drinks

Come and catch up over a drink or two

Thursday 8 June from 6pm

The Landing @ The Rag & Famish Hotel
199 Miller Street, North Sydney
(cnr Miller and Berry St)

Tickets \$30pp substantial finger food included
Drinks available at the bar

Please book via try booking:

<http://www.trybooking.com/PYVN>

RSVP Tuesday 30 May

