

# PREP PEEK

The Weekly newsletter of Shore Preparatory School



# SHORE

Friday, 7 April, 2017

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Monday 24 April	Tuesday 25 April	Wednesday 26 April	Thursday 27 April	Friday 28 April	Sat 29 /Sun 30 April
	ANZAC Day ELC Closed	<b>Term 2 Commences</b> K,1,2 Polished Pennies Assembly Winter Sport Trials 3		Prep 3-6 Polished Pennies Service	Winter Sport Round 1

## The Easter Message

As we approach Easter, we have begun focusing upon the events that led up to Jesus' death and resurrection in Christian Studies and Chapel. At our special Easter Assembly in K, 1, 2 on Wednesday, a special visitor, Bruce the Camel, helped remind the children and parents that Jesus paid an immeasurable price to buy us back out of sin and into friendship with God when he died upon the cross. He also helped us to understand that Easter is more than holidays and Easter eggs, even though these are fun as well.

Easter is a wonderful time to rest and reflect. I hope all families in our Shore Preparatory School community can take the time to reflect once more on the Easter story this year. I also hope the coming weeks provide a restful time for the many families who will be taking a well-earned break over this holiday time.

## Term Date Reminders

A reminder that for children in Kindergarten to Year 6, school recommences a little later than usual due to the ANZAC Day holiday. **Students return to school on Wednesday 26 April.** The children will be returning in winter uniform. The ELC will remain open during the school holidays, being closed only for the public holidays of Good Friday (14 April), Easter Monday (15 April) and ANZAC Day (Tuesday 25 April). Families are also reminded that for K – 6 children, Term 2 is nine weeks long and school finishes once again on a Friday - **Friday 23 June.** Note that Terms 3 and 4 both end on a Thursday this year – Thursday 21 September and Thursday 30 November respectively.

## Holiday Reading

With the holidays now upon us, it is time to start thinking about holiday reading. It is important to plan for reading opportunities during the holiday break and, given the recent wet weather, having interesting books on hand may well help mum and dad stay sane with children indoors. Many parents find it a challenge to encourage their children to read books. We know from research that regular reading of engaging texts greatly assists boys in the development of reading fluency. During long holiday periods in particular, many children drop their reading habits which can make learning difficult again once term time starts, as their reading fluency takes time to rebuild after the break.

There are some useful strategies parents can keep in mind to encourage reading around the home. Many of these strategies have been proven by research to be effective and are promoted by educational authorities around the world, particularly for boys.

- Ensure children have a good supply of books close at hand; books they find relevant and engaging and which provide a wide variety of reading choices at the child's reading level. Making sure your children have visited the Shore library or a local library prior to a holiday would be a great place to start.
- Provide times during the day or the week which are set aside for quiet reading. This is time when there are not a myriad of other 'options' available to compete with reading.
- Have conversations with your child about what he or she is reading. This will show the child you are interested in their reading and will also help with their comprehension.
- Provide a positive reading role model. It is important for mums and dads to be seen by their child as a reader; not just a 'business' reader, but someone who reads for enjoyment and relaxation. This modelling normalises positive reading habits in a family.

And I would like to put in a plug for the old fashioned, physical, paper and pages book. As referenced by our North Sydney teacher librarian, Mrs Pickworth recently, research has shown that children who read paper books are more likely to read more frequently and enjoy the experience more than children who have access to eReaders. So I encourage all families to schedule a trip to the library or bookshop at the start of the holidays to pick-up some good quality reading material for the Easter break.

Nick Saunders  
Head of Shore Preparatory School

*Christ  
is  
Risen!*

# North Sydney News - Yrs 3 - 6

Phone: 9956-1183 Fax: 9956-1199 email: secnsp@shore.nsw.edu.au

## **Good Manners**

I spoke to the boys at Assembly on Monday about the line in the Code of Respect that reminds them to remember to use good manners. Over the summer I read David Meagher's new book 'The A to Z of Modern Manners' and was reminded that good manners are not necessarily hard and fast rules, but a posture of empathy and considering the impact of your actions and words on others. I don't ever want our boys to be demonstrating good manners in order to get a sticker, a certificate or house points but rather because that's the kind of person they want to be. A huge part of our emphasis on manners is in the modelling by staff to the boys. We believe it is a powerful combination to both speak frequently about manners but also back that up in all our interactions with them. I hope this is a conversation you can continue to have with your son at home.

## **Congratulations on a Great Term!**

Congratulations to the boys on their application and effort during a long Term 1. Well done to the 76 boys who have started at North Sydney campus this year. Starting at a new school is never easy and our new boys have settled into North Sydney routines with ease. Thank you also to parents for your support of the programmes at the Preparatory School, both in and outside the classroom. Finally, thanks to all our staff team who have worked tirelessly to ensure the boys learn in happy, engaging and productive environments, as well as assisting with the smooth running of many other events such as clubs, carnivals, camps, debating, interviews, lunch groups, Saturday sport and excursions.

## **Charity - Sydney Story Factory**

Thank you again to all who have contributed to the fundraising efforts this term. Our Walkathon raised \$3,921.00 and in addition to this our weekly Chapel donations also raised money for our sponsor children. I am thankful to all the families who have contributed so generously to support such a worthy cause.

## **Disaster Flood Relief - Crazy Hat Day**

The students raised \$236.00 which will be donated to the Red Cross for those effected by Cyclone Debbie in Northern NSW and QLD.

## **Quality Class Award and House Points**

Congratulations to 6T for winning the QCA for Week 9. Final tallies for the term will be done today and the Term 1 winner will be announced at the beginning of next term. Congratulations to the boys in Davies house for being our Week 9 House Point winners. Our Term 1 champions will also be announced next term. Linton and Hall are neck and neck, who will emerge victorious?

## **Holidays**

I hope each of the Prep families enjoys a safe, refreshing and relaxing holiday for the next two weeks. I look forward to seeing you all at the start of Term 2 on Wednesday 26 April. All boys in Years 4 to 6 will have Winter Sport Trials at Northbridge on the first day of Term.

Adam Larby

Deputy Head of the Preparatory School – North Sydney

## **ISDA Debating**

Round 6 of the ISDA debating was held at Shore on Friday 31st March. With all of the debates, the home teams argue in the affirmative and the visitors take the negative side. Our visiting teams last week were from MLC and were arguing in the negative on the topic 'That each household should have only one car'. This topic provided a great opportunity for reflection upon our society's reliance upon the car.

Both Shore teams presented arguments that supported an environmental stance while MLC convinced the adjudicators that the inconvenience experienced by larger families allowed only one car would be too great an imposition. Due to the strength of this argument, the MLC teams were awarded the win.

Round 7 will be held at Shore on Friday, 28 April and the visiting teams will be from Kambala. We look forward to a stimulating debate.

Miss Di Johnson  
Debating Co-ordinator



# Northbridge News - K,1,2

K,1,2 Phone: 8966 5300 Fax: 8966 5390 email: K12office@shore.nsw.edu

## **What a term!**

As we come to the conclusion of a very busy and long first term, may I congratulate the girls and boys on the fine effort they have displayed this term. Girls and boys, your enthusiasm is infectious! Well done, especially to the Kindergarten children as you have completed your first full term of formal schooling. What an achievement! All the children (and staff) are ready for a restful and relaxing holiday. I look forward to seeing the girls and boys return to school next term in their full winter uniforms.

## **Pyjama Day**

What an amazing day K,1,2 had last Friday. We were all wearing our pyjamas but it certainly was not bed time. The children were buzzing with excitement wearing 'strange clothes to school' and talking about why we were doing so. You can see by the photos that everyone had a fantastic day. Thank you everyone for supporting this cause.

## **K,1,2 Polished Pennies Assembly**

The K,1,2 Polished Pennies Service will be held at 8.30am on Wednesday, 26 April (the first day of next term) in the K,1,2 hall. This service is a time when the K,1,2 girls and boys acknowledge ANZAC Day. The service will include singing, some children reading items, prayers and a brief reminder regarding the history of Polished Pennies. There will also be a traditional voluntary collection of a polished two dollar coin or a 'Polished Penny' as is the custom at the North Sydney chapel service of the same name. Another tradition of the Polished Pennies Assembly is that the grandparents of the students are invited to attend. Some children may choose to wear a relative's service medals. Parents are asked to not take photos at this particular assembly.

## **Dance Club**

There are still some places available for Dance Club for next term. The children will be working on a special dance to be performed at the Ravenswood Dance Showcase and at the Mini Prep Proms. Classes are in the Hall on the Thursday afternoons from 2.40-3.30pm. Please contact the office if your child is interested.

## **Assemblies**

Thank you to our special helpers from K,1,2 for presenting our Easter Assembly on Wednesday. Mr Dudley reminded us of the significance of Easter. Bruce was also a 'hit'. Congratulations to **Year 2M** on receiving the **Quality Class of the Week Award** for this week. Congratulations also to **Year 2C** on being awarded **Chapel Money Champions of the Week**. What a great way to end the term.

## **Happy Easter**

I hope that families who were able to attend the Northbridge Easter Assembly on Wednesday enjoyed the opportunity to reflect with the girls and boys on the significance of Easter. I wish all families a very Happy Easter.

*"Jesus is not here. He has risen!" Luke 24:6*

## **Other information**

**Wednesday, 26 April** – First day of Term 2

Natasha Mitchell  
Deputy Head of the Preparatory School - Northbridge



# Teaching and Learning - Years K to 6

## Christian Studies - North Sydney

This term, our Christian Studies lessons have focused on four key virtues of moral character, kindness, courage, gratitude and justice.

The new Mighty Shore Boys Character Education Programme recognises that the explicit teaching of virtue and character within the context of the School's Christian values can help to influence the thinking of boys in the Preparatory School. The programme is designed to provide foundational markers for the boys in the primary years and provide support for the Building Good Men programme they will participate in during their time at the Senior School.

Each of the individual virtues and character traits are important on their own, but when combined in one person their significance is magnified and so is the potential impact that person can have on society.

The explicit teaching of the programme is one component of the overall approach to character education at the Preparatory School. The School believes that good character must be consistently modelled by the staff and reinforced throughout all facets of school life including; naming the virtues and character traits that are being displayed, making connections to examples in fictional and real-world scenarios and providing specific feedback to the boys' about character.

The Mighty Shore Boys programme also seeks to promote the development of a language for character through the awards the boys receive at the weekly assembly, visual and written communication throughout the school and classrooms and regular updates to parents through newsletters and other formal channels of communication.

The School recognises that the boys at the Preparatory School are individuals that are connected to their families and local communities and it cannot develop character and virtue amongst the boys in isolation from these other influences. The School, home and community connections must take an approach of shared responsibility and recognise that the strength of the partnership will impact directly on the boys involved.

The boys in Years 3 and 4 and the boys in Years 5 and 6 have been working on separate programmes focusing on the same four virtues with two lessons on each one. Key lines that have been used throughout the programme include, choose kindness, be courageous (not stupid), have an attitude of gratitude and be a superhero of justice. Many of the boys who have been taking their new knowledge and changing their behaviour have been noticed by the teachers and have been sent for a private chat of encouragement and commendation with Mr Larby and a special certificate.

**Mr Adam Larby**



# Early Learning Centre - Northbridge

ELC Phone: 8966 5350 Fax: 8966 5391 email: elc@shore.nsw.edu

## ELC News

### **It's a Girl!**

It is with absolute pleasure that I share the news that Miss Helen and her husband Tas welcomed a baby girl to their family on the evening of Monday 27 March. Taleah Grace Kakaris weighed close to 3.8 kgs, measuring 51cms. Mum, Dad and Taleah's big brother Pete are all understandably delighted.

### **Dental Health**

Green Room were lucky to have a visit from Aleisha's Mum Caroline on Wednesday morning. Caroline is a children's dentist and came to speak to the boys and girls about dental health and hygiene. Caroline demonstrated how to brush teeth properly and discussed different foods that are healthy or unhealthy for teeth. The children were fascinated by the x-ray photos of teeth that Caroline had brought with her and enjoyed practicing their new learning on the giant prop mouth! They used toothbrushes and dental mirrors to ensure the teeth were clean. I would like to extend a big thank you to Caroline for taking time to share her valuable knowledge with us all.

Hilary Ingram

### **Recycled Projects**

It was such a pleasure to welcome Miss Tootell and 1T to the Early Learning Centre this week to share their recycled projects with second year boys and girls. We were all so inspired by the way they had incorporated so many different found objects into their designs. We are always on the lookout for small recycled boxes and containers to add to our own construction areas and welcome any contributions you may have.

### **Spare Clothing**

Recently we have noticed that our spare clothing pool is getting low. If you have any items of clothing such as pants, shorts or leggings to donate we would gratefully accept them. If your child has borrowed any ELC spare clothing, can I ask that you please return it as soon as possible? A further reminder that all children should bring a change of clothes every day so that they may engage in the messy play activities.

### **Holidays**

It is hard to believe that we are at the end of Term 1 already! It has certainly been a busy term packed full of some great community events and of course lots of learning! For the next two weeks it will be the school holiday period at Shore. The Early Learning Centre will remain open during this time with the exception of Good Friday, Easter Monday and AN-ZAC day. During the holiday period there are small changes to our program where timetabled experiences such as library, Chapel and private music lessons will not occur. For those

children, families and staff who are taking a break over the school holiday period I hope you enjoy the change of pace and we look forward to seeing you on your return.

### **Important Dates**

Wednesday 26 April – StEPS screening  
Thursday 27 April – StEPS screening  
Wednesday 10 May – Mother's Day Celebration  
Thursday 11 May – Mother's Day Celebration  
Tuesday 16 May – K 1 2 Open Morning for ELC families  
Thursday 25 May – Northbridge Campus Open Morning

Rebecca Schollum  
Director Early Learning Centre



### UNIFORM SHOP

Open : Monday, Tuesday, Thursday  
9:30am to 4:30pm  
Ph: 9900-4704

# SPORT

### Wet weather information

Please refer to the Shore website on  
Saturday morning  
[www.Shore.nsw.edu.au](http://www.Shore.nsw.edu.au)

### **IPSHA Cross Country**

Well done to the Shore team who competed very well at the IPSHA Cross Country last weekend. With just under 200 runners in each race, the Shore boys did very well with the majority of the team finishing in the Top 60 for their age group.

Congratulations to following boys who have been chosen to represent Shore and IPSHA at the NSW CIS Cross Country. The top 15 are selected for the team and there is also a School team selected, made up of the fastest 4 runners from each school on the day. The Shore Under 8/9 age group won this at IPSHA.

Fraser Pandit – 5<sup>th</sup> U8/9  
Oliver Stokeld – 10<sup>th</sup> U8/9  
Henry Wheeler – 12<sup>th</sup> U8/9  
Harrison Frape – 17<sup>th</sup> U8/9  
Charlie Mattison – 15<sup>th</sup> U10  
Lachlan Brown – 3<sup>rd</sup> U11

### **Armidale Rugby Carnival**

The Shore Rugby squad departed for Armidale this morning to compete at The Armidale School (TAS) Rugby carnival. The rugby weekend is a very competitive event with schools and clubs travelling from Sydney, Regional NSW and Brisbane to participate. We wish the boys all the best for what shall be a memorable weekend away representing Shore Preparatory School.

### **NSW PSSA Swimming**

Congratulations to Fraser Pandit, Anderton Stock, Oliver Harvey and Jack Pollitt who swam exceptionally well yesterday at the NSW PSSA Swimming Carnival. The boys finished 4th in the heat and came 3rd in the final behind Trinity and Scots. A wonderful way to end the season. Well done boys!

Scott Mancey  
Sportmaster



# Shore Association

The Shore Association invites parents to attend an informative seminar on **Sleep** by **Lisa Maltman** from **The Sleep Connection**.

Lisa collaborates with key Australian adolescent sleep specialists and psychologists from the Sydney Woolcock Institute of Medical research, who are world leaders in sleep research.  
[www.thesleepconnection.com.au](http://www.thesleepconnection.com.au)

Sleep is an important study tool. **30% of primary school students** and **70% of teenagers** experience sleep deprivation.

*The Seminar* will focus on the consequences of sleep deprivation on our children's learning and academic performance, along with their emotional health and will also provide tips on how to develop smart sleep habits.

**DATE:** Wednesday 24<sup>th</sup> May 2017, Smith Auditorium

**TIME:** 7.00-8.00PM

**COST:** No charge, Refreshments will be served

**CONTACT:** Electra Wiggs, [ewiggs@bigpond.net.au](mailto:ewiggs@bigpond.net.au)

**RSVP:** <http://www.trybooking.com/PIYT>

