



Shore Association Weekly

Vol. 6, Term 1, Week 9, 2017
saw@shore.nsw.edu.au

Bringing Parents Together

2017 Calendar

2017 Term 1

March 30th

Year 2 Mum's Dinner

April 6th

Kindy Dad's Social Evening

2017 Term 2

May 1st

Year 3 Morning Tea

May 4th

Year 7 Dad's Social Evening

May 7th

Annual Open Chapel Service – Shore Chapel

May 9th

Year 11 Mum's Dinner (please note change of date)

May 10th

Parent Seminar: Parenting Academic Procrastinators – lunch time session

May 12th

Year 12 Prep Leaver's Dinner

May 15th

Year 8 Mum's Dinner at Public Dining Room, Balmoral

May 17th

Parent Seminar: Parenting Academic Procrastinators – final session

May 19th

Year 7 Mum's Dinner

May 24th

Parent Seminar – Sleep for Better Health, Resilience and Performance

May 29th

Careers Expo organised by Old Boys' Union – details attached

**2017 Lower North Shore
Careers Expo**



Monday 29 May 2017

Shore Gymnasium, Blue Street North Sydney

4-6.30pm

For Year 10-12 students and their parents

50+ tertiary exhibitors, including major universities

Light refreshments available





SHORE ASSOCIATION PARENT SEMINAR: *Sleep for Success*

“Sleep for Better Health, Resilience and Performance”

The Shore Association invites parents to attend an informative seminar on **Sleep** by **Lisa Maltman** from **The Sleep Connection**.

Lisa collaborates with key Australian adolescent sleep specialists and psychologists from the Sydney Woolcock Institute of Medical research, who are world leaders in sleep research. www.thesleepconnection.com.au

Sleep is an important study tool. **30% of primary school students** and **70% of teenagers** experience sleep deprivation.

The Seminar will focus on the consequences of sleep deprivation on our children’s learning and academic performance, along with their emotional health and will also provide tips on how to develop smart sleep habits.

DATE: Wednesday 24th May 2017,
Smith Auditorium

TIME: 7.00-8.00PM

COST: No charge, Refreshments will be served

CONTACT: Electra Wiggs, ewiggs@bigpond.net.au

RSVP: <http://www.trybooking.com/PIYT>



SHORE

Annual

Open Chapel Service

Sunday May 7, 2017

9 am

Shore Chapel

Speaker : Rev Stuart Holman
(Chairman, Shore Council)

Everyone is welcome as we celebrate the School's Birthday.

(Old Boys, students, staff, parents)

Please join us for Morning Tea after the service

Parking is available in the
Bishopsgate Car Park
off Union Street.

Enquiries:

Rev Dr Nick Foord

Community Chaplain

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