

PREP PEEK



SHORE

The weekly newsletter of Shore Preparatory School

Friday, 17 February 2017

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Volume 37 Issue 2

Monday 20 Feb	Tuesday 21 Feb	Wednesday 22 Feb	Thursday 23 Feb	Friday 24 Feb	Sat 25/ Sun 26 Feb
		K, 1, 2 Assembly - 1T		Scots Invitational Swimming Carnival	Summer Sport Rnd 3 Scholarship Exams Prep Family Service
Monday 27 Feb	Tuesday 28 Feb	Wednesday 1 March	Thursday 2 March	Friday 3 March	Sat 4 / Sun 5 March
		K, 1, 2 Assembly - 2M	Prep Strings Band Camp	Shore Icebreaker	Summer Sport Rnd 3

Better Parenting

It has been wonderful to meet so many parents in the first few weeks of school through information evenings and other functions. It is always heartening to see parents taking an active interest in their child's school by coming to find out more about what is happening in the classroom and around the School. It has also been an opportunity for the School to share with parents information that will help them make the school years happy and successful for their children and families. The Prep Peek is another vehicle that the School uses to keep parents informed about opportunities to learn more about better parenting techniques. In that vein, below is further information that the School has encouraged parents in recent years to explore as needed. Our Preparatory School Counsellor, Mrs Mary Woods, is also a wonderful source of information about parenting.

There are many parenting programmes in the marketplace that provide effective strategies for managing children's challenging moments. They usually involve attending meetings weekly over several weeks which can be hard to sustain for many families, and often only one parent can attend. The well-established Australian Triple P programme (Positive Parenting Programme) has recently launched an online series of modules. The programme offers well researched and proven strategies that help parents and carers become more confident to deal with challenging behaviours and emotional meltdowns, to adopt a calmer and more methodical approach to discipline, to promote positive behaviours and foster a better relationship with their children.

The convenience of online delivery with the option of virtual support from a qualified coach makes this new version of Triple P a flexible and more accessible way for parents to improve their parenting skills. Head for the Triple P website which is www.triplep.net and you will find a link to the online programme.

There is another evidence based online programme which is offered free by the University of Queensland and Beyond Blue. This assists parents of children with anxiety.

It is called BRAVE and has modules for parents and children – primary aged and adolescents. It can be found through this link - <https://brave4you.psy.uq.edu.au/>

Mary Woods
Preparatory School Counsellor

The Parent - School Partnership

At the recent Parent Information Evenings at Northbridge and North Sydney, Miss Natasha Mitchell and I mentioned the importance of having a strong link between the home and the School. When parents and the School work together towards the common purpose of educating the children, the children feel more secure and happy in their school life and their learning. At the School, the Shore Association plays an important role in fostering this important partnership.

Research suggests that when a parent is actively and positively involved in their child's school, children:

- Achieve more at school regardless of background;
- Develop better self-esteem and self-discipline;
- Show higher aspirations and motivation toward school.

Benefits for you as a parent also include:

- An improved relationship with your child because you are more aware of what is going on at School;
- Being more confident in parenting and decision-making skills;
- Increasing your understanding of teachers, the School and its policies;
- Feeling valued and connected to the wider school community.

There are many events and activities to be involved in at the Preparatory School. Your Shore Association Year Representative is always a great place to start, if you are looking for ways to become involved. A full list of year Representatives details can be found on the Shore website:

<http://www.shore.nsw.edu.au/community/the-shore-association/year-reps>

If you are interested in learning more, please contact your Year Representative or visit the Shore Association pages of the School website:

<http://www.shore.nsw.edu.au/community/the-shore-association/sa-general-information>

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North Sydney News - Years 3 to 6

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Term date reminders

There are a couple of term dates to note this year, as they do not follow the usual pattern.

Term 1 finishes on a Friday this year, with Easter falling in the middle of the holidays. The last day for Term 1 is **Friday 7 April**. The ELC remains open through the April school holidays, closing only for the Easter public holidays and the ANZAC Day holiday on Tuesday 25 April.

Term 2 begins on a Wednesday, after the ANZAC Day holiday, on **Wednesday 26 April**. Term 2 this year also finishes on a Friday, **Friday 23 June**. The ELC will remain open during the June-July school holidays.

Term 3 for K – 6 and Senior Schools will start on **Tuesday 18 July**. Term 3 finishes on **Thursday 21 September**. The ELC will remain open during the September – October school holidays, closing only for the Labour Day public holiday on Monday 2 October.

Term 4 for K – 6 and Senior School will start on **Tuesday 10 October**. The term will finish on **Thursday 30 November** this year for K – 6 students. Note that Senior School students are at school on Friday 1 December. The ELC will remain open until **Tuesday 19 December**.

All term dates for 2017 and 2018 can be found on the Shore website. Please check these when making plans for holidays to avoid date clashes.

Nick Saunders
Head of the Preparatory School

Choose Kindness

In our Christian Studies lessons to start the year, we have been investigating the topic of kindness. We have tried to define kindness, identify it and consider times when we can be kind in daily life. During our investigation into kindness it became apparent that it was always possible to *choose kindness over unkindness*. Possible, but not always easy. It has been delightful to personally meet with many boys in the past week who have been identified by their teachers as demonstrating kindness at school. I hope that the boys transfer this knowledge into action at school and home in due course.

Pick-Up and Drop-Off

Thank you to all parents who have been thoughtfully and co-operatively negotiating the difficult circumstances of Edward Street as well as the Union Street pick-up for our older boys. Your care and patience has been greatly appreciated in ensuring our students arrive and leave the school safely. Now that the year is well underway and students have settled, it would be pleasing to see more students utilising the abundant public transport facilities available. I encourage those yet to do so to give it a go! If you son is catching public transport home for the first time or has circumstances that warrant some additional support, please call the office and alert us to the issue and we will endeavour to have the staff member on duty support your son.

School Office – Phone Messages

All of the boys have are now settling into the regular rou-

tines of travel, clubs, After School Care and other activities. It should be noted that phone messages for students concerning afternoon arrangements should be kept to a minimum. I am sure that parents will appreciate the impracticality of conveying phone messages on a regular basis or for a large number of boys, especially just before the end of the school day. The best strategy is to ensure that your son understands clearly how he is getting home *before he leaves in the morning*. Of course, when unexpected changes occur, staff will do their best to get a message to the affected student/s.

Emails to the Office

To assist Janet and Andrea in the office we ask that you please direct any general enquiries and absent notes to the shared Prep Office email address secnsp@shore.nsw.edu.au and not to the individual emails of the staff. The general office email account can be accessed by multiple administrative staff and this allows matters to be dealt with in the most prompt manner. Thank you for your cooperation with this.

After School Clubs

After School Clubs started with a bang this week with a huge amount of excitement about new clubs and opportunities for learning. The demand has been particularly high this term with most clubs full within the first few days. In order to secure a place next term, please return the forms promptly and directly to the office. Our Senior Robotics group run by Mrs Bunting had a blast with their new Ozobot robots that arrived a few weeks ago.

Year 6 Duties

Each day the Year 6 students provide an invaluable service by accepting responsibility for a number of daily tasks around the school. Boys might look after lunch orders or gate duty, raising and lowering of the school flag, delivering messages, or handing out lost property, just to name a few. On their own, these tasks may be quite small but the collective effort holds great significance for the smooth running of the Prep. We are indebted to Year 6 for the way they complete these tasks with a minimum of fuss and very few reminders. Thank you to the boys in Baker House who have ably assisted in our first fortnight of official duties. Davies House will be on duty for the next fortnight.

Preparatory School Family Service – Years 5-6

Our annual Family Service will be held on Sunday 26 February, commencing at 9am (please note that the Choir will be assembling at 8am). All boys in Years 5 and 6 are expected to attend, wearing summer uniform (no caps or coats). Families and other students are warmly invited to join together when we gather as a community to hear a Christian message from Mr Saunders.

Adam Larby - Deputy Head - North Sydney

Shore Preparatory School K,1,2 - Northbridge

K,1,2 Phone: 8966 5300 Fax: 8966 5390 email: K12office@shore.nsw.edu.au

Northbridge News - K,1,2

Birthdays at School

We love celebrating birthdays at K,1,2. If you are planning to send in some celebratory fare, I would ask that you only send in one small thing for each child. People have, in the past, sent in cupcakes, ice-blocks, packets of chips, lolly bags etc. Just one of these things is sufficient for each child. We certainly do not want to overload the children. Just a reminder that party invitations should be posted or emailed and not given out at school.

Playground Responsibility

At school, we encourage the children to take responsibility for looking after their own belongings as well as those that belong to the school. The children are fortunate to have the use of a variety of equipment in the playground at recess and lunch each day. Whilst it is the responsibility of every child to put away whatever they were using each play period, each term one House will be on duty to monitor that everything is tidied up at the end of recess and lunch. For Term 1, the children in Baker House in Year 2 will have this task. Thank you to these children for helping to keep our school looking good.

Emailing Staff

As per the School Policy, may I remind parents not to email staff directly. Teachers are more than happy to speak with you about your child. Please call the office to leave a message and the staff member will return your call. Alternatively, you may email the school at k12office@shore.nsw.edu.au and your email will be forwarded to the appropriate staff member.

Pedestrian Safety

Some children have been seen crossing the pedestrian crossing outside the school by themselves. If you park your car on the other side of the road please walk your child across the crossing and then the exit driveway to the school gate. This is especially important as we do not have a 'lollipop person'. Thank you for helping to keep our children safe.

Music News

On Wednesday 15 February, the K,1,2 children enjoyed a concert by the Shore Staff String Quartet to demonstrate the three string instruments that are taught privately at Northbridge. The children enjoyed some Beethoven, Star Wars and identified some famous tunes. If you would like to begin lessons or join the String Ensemble, please obtain a form from the K,1,2 foyer or see Mrs Lockyer. Those who like high sounds should choose the Violin. Those who like the middle sounds should choose the Viola. Those who like the low sounds should choose the Cello. Students who are already learning the Piano are welcome to have string lessons in addition to their piano lessons as the lessons will complement each other well.

Assemblies

Well done to **Year 2C** for your assembly on Wednesday.

What an excellent way to start our Class Assemblies for the year. We loved your enthusiasm and your skits showing different parts of our Code of Respect. Next week **Year 1T** will present our Wednesday assembly. Parents of students in Year 1T are welcome to visit the classroom following the assembly. Well done to **1J** for being the first class to receive the **Chapel Money Champions Certificate** for the year. Congratulations to **KH** on receiving the **Quality Class of the Week Award** for this week. Great team work, girls and boys!

Other information to note:

Friday 3 March – Shore Icebreaker

Monday 6 March to Thursday 9 March – Parent/Teacher Interviews

Natasha Mitchell

Deputy Head of Shore Preparatory School – Northbridge

Teaching and Learning - Years K to 6 - 6G

6G is taught by Mrs Geersen and Mr Harrington. The classroom is located on the ground floor next to the lift (for a quick escape!).

Class routines

What makes a good classmate?

To start the year we discussed some of the things that make a good classmate. We want this year to be one where we help each other to learn, support each other across all subject areas and respect the ideas and thoughts we share in the classroom. We took part in the Visible Thinking routine *Think Pair Share* to help us explain our ideas and provide reasons for our thinking. It also enabled us to listen to the perspectives of others and consider how and where we can be good classmates at Shore.



Student SMART goals

It's really important for young people to have goals.

'People with goals succeed because they know where they're going.' Earl Nightingale.

We thought about our wants and narrowed this list to think about something we can work towards in Semester 1 with the help of our families, friends and teachers. Goals should be SMART - specific, measurable, agreed upon, realistic and time-based.

Student quotes about Year 6

Josh Sikos *'I'm looking forward to making skateboards in art and leadership roles in Year 6'.*

Will Cole *'I'm looking forward to the Year 6 Musical and being Captain of Basketball'.*

Owen Eade *'I'm looking forward to making new friends and getting back into the atmosphere of school.'*

What has been happening in class?

STEM education is the learning of science, technology, engineering and mathematics in an interdisciplinary or integrated approach. Students gain and apply knowledge, deepen their understanding and develop creative and critical thinking skills. We have explored what engineering means to us and completed some STEM challenges in groups.

Question

In what ways have our own lives improved as a result of engineering?

Challenge

Engineers are people who solve problems and focus on making things work more efficiently and effectively. What problems can engineering solve in our context at Shore?

Alex Geersen and Paul Harrington
6G Class Teachers

Early Learning Centre - Northbridge

ELC Phone: 8966 5350 Fax: 8966 5391 email: elc@shore.nsw.edu.au

ELC News

Chapel

Next week, we are looking forward to welcoming Miss Mitchell into the ELC to commence Chapel for 2017. Chapel will take place on Mondays and Fridays in the multipurpose room and is a great fun introduction to stories from the Bible and to learn more about Jesus and God. During Chapel the boys and girls will meet Shaun and Shauna (Miss Mitchell's friendly puppets), enjoy felt board stories and books, as well as lots of songs! We always end in prayer and remember Thar who is our sponsor child through World Vision. If you would like to make a donation for Thar at any time throughout the year, you will find a pink pig money box near the front door. The children love to learn about how we are helping Thar go to school just like them!

Sunscreen

The cooler weather has certainly been a welcome relief over the last few days. We are now able to more consistently enjoy our summer program where children begin their days in their room, have morning group time, and then transition outside by 9.00am. To assist your child in being prepared for this earlier transition, I ask that all families ensure their child applies sunscreen on their arrival to the ELC each day. When we go outdoors again in the afternoon, educators will support children to reapply their own sunscreen.

Green Room

Over the last few weeks as children have settled in, two main interests have emerged within the Green Room programme. The first is a family project *All About Me*. This project is supporting children to make deeper connections with one another as they share information about who they are and where they come from. Over the last few weeks children have been taking home *All About Me* sheets to fill in and it has been lovely to share these together. If you are in the Green Room and have not yet received an *All About Me* sheet, please speak with one of the educators.

The second area of interest is to emerge are musical instruments. There seems to be a deep fascination in exploring sound and almost everything in the room has been tested to see what noise it can make! Following these cues from the children, the Green Room team are embarking on a music making journey with the children using recycled materials. If you have any small containers such as yogurt tubs, lunch wrap rolls, shoe boxes, cereals boxes or similar we would love to have them! I can't wait to hear the instruments the children create!

Important Dates

Friday 17 February – Northbridge Cocktail Party

Friday 3 March – Shore Icebreaker

Rebecca Schollum
Director Early Learning Centre

UNIFORM SHOP

Open : Monday, Tuesday, Thursday

9:30am to 4:30pm

Ph: 9900-4704

SPORT

Wet weather information

Please refer to the Shore website on

Saturday morning

www.Shore.nsw.edu.au

Shore Preparatory Swimming Carnival

The Swimming carnival will start at 5.00pm and finish approx. 6.30pm. Boys competing on the night need to be at the pool at 4.45pm for a warm up. If boys do not qualify for the finals they are still invited to participate in class races and cheer on their House team that evening. The class race is a 25m freestyle event.

Boys will be notified early next week if they have qualified for the Shore swimming carnivals.

IPSHA Tennis

Well done to our Captain of Tennis, Sam Wensley who trialled for the IPSHA tennis team last week. He did very well across all his games throughout the day. In his final game of the day, he was in a play-off for the final spot, only to go down 11 – 9 in a tie break. He is now the reserve for the CIS tournament later in the term. Congratulations, Sam!

IPSHA Basketball

Yesterday we sent 5 boys to the IPSHA Basketball trials. William Cole, Matthew Scougall, James O'Donnell, Sam Joyce and Edward Gall all trialled for selection into the IPSHA Basketball team to gain a chance of making the NSW CIS team. We wished all the mighty mighty Shore boys well.

Cross Country

This year we will be conducting training sessions for all boys interested in improving their fitness leading up to the School's Cross Country carnival on Wednesday 22 March.

There will be two sessions per week supervised by Mr. Harrington and Mr. Mancey. These sessions will be held on Tuesday and Thursday afternoons, from 3pm-3:30pm. Attendance is voluntary and boys can choose to attend none, some or all of the sessions.

The training squad will meet on the steps overlooking the Prep basketball court after school and boys should change quickly into their PE uniform.

The sessions will conclude at 3:30pm. If your son is being picked up by car, please do so at the Edward St turning circle. Please be punctual. If catching public transport, he will need to change into school uniform.

If your son, is involved in any other groups on these afternoons then he is expected to honour that commitment. Those unable to attend are encouraged to commit to their

own training in the weeks leading up to the School Cross Country. Under 8, 9 & 10 will run 2km and Under 11 & 12 will run 3km at the IPSHA Cross Country carnival.

We look forward to seeing many boys at training.

Scott Mancey
Sportsmaster

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Summer Sport Round 2 - 18 February

1st XI Cricket	Mr Bayliss	Grammar Edgecliff Northbridge G	8.00am
Year 6 Super 8	Miss Kleinig	Redlands Northbridge E	9.30am
Yr 5 A Cricket	Mr Harrington	Cranbrook Northbridge F	8.00am
Yr 5 Super 8 Blue	Miss Polis	Mosman Prep Georges Heights Oval	9.30am
Yr 5 Super 8 White	Mrs Bunting	BYE	
Year 4A Cricket	Mr Philips	St Aloysius School Field Nth Syd	8.00am
Yr 4 Super 8	Mr Grainger	Knox Northbridge E	8.00am
Tennis (A & B)	Miss Mitchell	St Aloysius River Road	8.00am
Basketball Snr A	Mrs Crerar	Trinity Strathfield TGS Prep Gym	9.45am
Basketball Snr B	Mr Larby	Trinity Strathfield TGS Prep Gym	9.00am
Basketball Snr C	Mrs Geersen Mr Knight	Trinity Strathfield TGS Prep Gym	8.15am
Basketball Snr D	Miss Schlunke Mr Knight	Trinity Strathfield TGS Prep Gym	7.30am
Basketball Snr E	Miss Robertson Mrs Herron	Trinity Strathfield NSBH	10.15am
Basketball Snr F	Miss Johnson Mrs Woods	Trinity Strathfield NSBH	9.30am
Basketball Snr G	Mr Tooker	Trinity Strathfield NSBH	8.45am
Basketball Snr H	Ms Wood Mrs Covey	Trinity Strathfield NSBH	8.00am
Basketball Jnr A	Mrs Anderson	Trinity Strathfield TGS Prep Gym	11.15am
Basketball Jnr B	Mrs Curnow	Trinity Strathfield TGS Prep Gym	10.30am
Basketball Jnr C	Mr Morrison	Newington Lindfield Lindfield Campus	11.00am

Please note :

Y5 S8 Blue - venue is now **Georges Heights Oval** at 9.30am.

Venues:

SHORE

School Field - Edward St., North Sydney.

Northbridge - (SCEGS War Memorial Playing Fields and Courts)
55 Sailor's Bay Rd, Northbridge

NSBH - North Sydney Boys' High, Falcon St, North Sydney

River Road Tennis Courts - River Road, Lane Cove

Tambourine Bay Rd, Lane Cove

MOSMAN PREP

Georges Heights Oval—Middle Head Road, Mosman

TRINITY STRATHFIELD

TGS Prep Gym - 115 The Boulevard, Strathfield

NEWINGTON LINDFIELD

Jnr School—26 Northcote Road, Lindfield