



# PREP PEEK

The weekly newsletter of Shore Preparatory School, Sydney, NSW

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Prep Peek available Fri pm <http://www.shore.edu.au> and follow the prompts

Friday, 16 September 2016

Volume 39 Issue 31

Monday 19 Sept	Tuesday 20 Sept	Wednesday 21 Sept	Thursday 22 Sept	Friday 23 Sept	Sat 24/Sun 25 Sept
Life Education at NB 3-6 Assembly - Public Speaking Winners	Life Education at NB	K12 Assembly - 2C Life Education at NB Junior Proms Y3&4 (6pm)	<b>Last Day of Term 3</b> Life Education at NB		
Monday 10 Oct	Tuesday 11 Oct	Wednesday 12 Oct	Thursday 13 Oct	Friday 14 Oct	Sat 14/Sun 15 Sept
<b>Term 4 commences</b>	Life Education at NS	K-2 General Assembly Life Education at NS	Life Education at NS	K-2 Orientation Morning at NB (9am) Life Education at NS	Summer sport—Round 7

## Interview Week

Over the past week, K – 6 parents and teachers have been discussing the progress of children in our Term 3 interviews. In Years 3 – 6, these interviews have also involved the students themselves. These times are a valuable opportunity to foster the learning partnership that exists between home and school, for the benefit of all. Parents benefit from learning more about their child's progress and seeing samples of their work. Students benefit from being able to discuss their own achievements and goals with their parents. Teachers benefit by learning about home perspectives and from establishing a common understanding with parents and students about what has been achieved and what are the goals moving forward.

I hope that all who have been involved in the interviews this week have found them a rewarding experience. But let's remember that the learning partnership continues beyond the interview, so we need to make the most of it!

## Visit to St Lucy's

A delegation of children from Year 6 and Year 2 visited St Lucy's School last week to take part in their Morning Song Assembly as part of Week Without Words. It was a great opportunity for the children to see first-hand the children who they have been supporting and the non-verbal communication activities they have been practising in Buddies.

Families can continue to support St Lucy's individually by dropping in a gold coin donation into the boxes in the Prep offices, or donating directly to St Lucy's School. Please find more details below.

<http://www.weekwithoutwords.org.au/>

## Interschools Australian Championships

Shore Prep students competed in the national snow sports competition last week at Perisher Valley. Congratulations to our competitors for braving trying conditions and contributing to the most successful Shore team ever. The team placed 7<sup>th</sup> overall in the Primary Division and our K, 1, 2 team finished 4<sup>th</sup> in Division 6 Alpine. What a great result!

## Public Speaking Competition

Over the past weeks, the students in Years 3 – 6 have been taking part in the annual Public Speaking Competition. On Tuesday, I was lucky enough to be an adjudicator for the Years 3 and 4 finals and I was impressed by the high quality of the speeches. Each of the finalists was engaging and well-informed about their topic. They each displayed many of the characteristics of an effective speaker. The reports from the class teachers also indicated that the quality in the classroom rounds of the competition was also very high. Well

done to all the students!

Special congratulations to our Year winners, Christopher Griffiths (3B), Edward Kenny (4M), Tom Wymond (5K) and Henry Oxenham (6T). They had obviously spent a great deal of time preparing and polishing their performances and they were all entertaining, informative and very convincing. These winners will be performing their speeches again in assembly on Monday (except for Henry who will be at CIS Cricket Trials - good luck Henry!).

## On-line Parenting Course

Earlier this year in the Prep Peek, our Preparatory School Counsellor, Mrs Mary Woods, wrote about resources to help parents. The article focused upon online programmes that parents can complete at a time and place convenient to them. This included the Triple P programme which can be accessed from [www.triplep.net](http://www.triplep.net) (follow link to the online programme) and a programme particularly targeted to helping children deal with anxiety, called BRAVE: <https://brave4you.psy.uq.edu.au/>

Mrs Woods has recently been alerted to a new free programme provided by the Sydney University Child Behaviour Research Clinic. It is for both parents, but is particularly dad friendly. You can access the press release and the course via the link below.

<http://sydney.edu.au/news-opinion/news/2016/08/22/what-dads-want--australian-first-online--father-friendly--paren1.html>

*Nick Saunders  
Head of Shore Preparatory School*

# North Sydney News, Years 3 to 6

## Our Olympic Guest

On Monday the boys were treated to a special presentation at Assembly by Mr Cameron Girdlestone, Olympic Silver medallist and Shore PE teacher. Mr Girdlestone shared some of the stories from his experiences at Rio and talked about his journey from junior rower to the Olympics. He spoke at length about the importance of commitment, goal setting and having a plan for success. It was an inspiring and motivating speech and the boys thoroughly enjoyed their brush with Olympic glory.

## Public Speaking Competition

It has been a highlight of the last fortnight to hear all boys exercising their skills in oration as they spoke to their classes and then grades in the Preparatory School Public Speaking Competition. The topics varied (favourite places, the importance of national parks, Antarctica and social justice issues) as did presentation styles although exceptional quality and entertainment were consistent factors across many of the presentations. Congratulations to all finalists and especially to the grade champions for their performances. Well done to Year 5 & 6 finalists who were also challenged to deliver an impromptu speech as well as their prepared talk. There are some familiar names in the list below but also many boys who reached this level for the first time and it is very pleasing to see their development in this important area. All finalists will receive their certificates at Monday's Assembly following presentations from the four champions to the whole school. Parents are warmly invited to attend.

### Grade Finalists:

Year 3 – Byron Bottomley, Max Brownie, Christopher Griffiths, Charlie Mott

Year 4 – Edward Kenny, Orlando Jamieson, Charlie Mattison, Ethan Smith

Year 5 – Ben Anderson, Nici Higgs, Clyde Hossack, Cameron Macdonald, Adam Walker, Tom Wymond

Year 6 – Toby Brandon-Cooper, James de Kock, John Kenny, George Leary, Tom Marshall, Henry Oxenham

### Champions:

Year 3 – Christopher Griffiths

Year 4 – Edward Kenny

Year 5 – Tom Wymond

Year 6 – Henry Oxenham

## Assembly – Week 10

A reminder that Medallions of Excellence will be presented to about twenty Year 6 students at Monday's Assembly – 9.40am in the Smith Auditorium.

## Junior Prep Proms

Next Wednesday 21 September, the Junior Prep Proms will be held in the Smith Auditorium, commencing at 6pm. Boys who are performing in musical groups are asked to arrive at 5:30pm, all other boys are asked to arrive at 5:45pm. Whilst this is a free event, seating is allocated. Please reserve your seats at <https://www.trybooking.com/MWCT>. All boys in Years 5 and 6 who are performing in musical groups in the first half of the show can be picked up from the Hawkins Foyer at 6:30pm.

## Charities – RSPCA

This week three of our Year 3 students (Nathaniel Brown, Max Morrow and Max Papadopoulos) created an animal themed magazine. They encouraged boys to consider the needs of animals and the work of the RSPCA. The boys sold their magazines for \$1 and all proceeds (at last count \$70.00), will be given to the RSPCA to support

their work. We are thankful for the boys' enthusiasm, initiative and passion. Please contact the Prep Office before the end of term if you'd like a copy of the magazine or would like to donate a gold coin to support the RSPCA.

## After School Clubs

All After School Clubs are now finished for Term 3. Information about Term 4 clubs can be found at the Prep Office. Junior Robotics is already full and most other clubs are filling up quickly. Please get in your forms quickly to avoid missing out on your preferences.

## End Of Term

Next Thursday 22 September is the last day of Term 3. Boys will be dismissed from North Sydney at 2.55pm. Next term commences on Monday 10 October and students return in their Summer uniform.

## Quality Class Award & House Points

Congratulations to 6H for their winning effort last week and to the boys in 5D who have maintained their lead in the overall term competition. Well done to the boys in Baker who were our weekly House Points winner this week. Linton still holds the lead heading into the final week of term.

*Adam Larby*

*Deputy Head of Shore Preparatory School – North Sydney*

## Music

Well done to Oliver Harvey for his splendid performance on piano during Monday's assembly. Oliver, who played the piece 'Salt 'n Pepper', learns from Ms Kimberley Broadbridge.

A reminder to Y5 and 6 boys in the Concert Band and String Ensemble that you will be required for the Y3 and 4 Prep Proms next Wednesday, 21 September 2016. All boys are asked to assemble in the Smith Auditorium at 5.30pm, ready for a 6.00pm start.

*David Jensen*

*Prep Music Coordinator*

# Shore Preparatory School K, 1, 2 – Northbridge

K,1,2 Phone: 8966 5300 K,1,2 Fax: 8966 5390

## Northbridge News, K, 1, 2

### Girls Afternoon

We had approximately 75 current and ex-Shore girls attend our annual Girls Afternoon on Thursday, 1 September. *“At our Girls Afternoon, first we had a play with skipping ropes and hula hoops. Then we had afternoon tea with the big girls that used to come to Shore. We made paper flowers as it was the first day of Spring. We had another play and talked to lots of the big girls. We had a great afternoon.”* - Stella Musson and Kaela Tan, Year 1M

### Music Exams

Congratulations to the following children who sat their AMEB exams for violin and cello: Ethan Ng, Heidi Anderson, Hugo Warburton, Joshua Lo, Oliver de Kock and Sarah O’Sullivan. These children were presented with their certificates in Assembly on Wednesday.

### Sunhats

As the weather is warming up we are now enforcing the “no hat, no play” rule. Please ensure your child has his/her play hat at school at all times.

### After School Activities

The Strings Ensemble will be held after school on Wednesday, 21 September and will resume in Week 1 of Term 4. Miss Jessica Kelly’s Speech and Drama groups have a make-up lesson next week and your child would have been advised, if applicable. All other after school activities have now finished for the term. Please remember that after school activities (with the exception of the Strings Ensemble) will resume in Week 2 of Term 4.

### Lost Property

Our lost property basket is quite full. Please come and check if you are missing any items. The box will be cleared out at the end of next week.

### Assemblies

Thank you **Year 1M** for your terrific assembly which you presented for us on Wednesday. Well done! Congratulations also to **Year 2M** on winning the **Quality Class of the Week Award** for this week and **Year 2C** on being our **Chapel Money Champions**. Next week we will have our final class assembly for the term, with **Year 2C** presenting it for us. All **Year 2C** parents are welcome back to the classroom following the assembly.

### Other Information to Note:

**Week 10** – Life Education Visits

**Thursday, 22 September** – Last day of Term 3

**Monday, 10 October** – First day of Term 4

**Friday, 11 November** – Northbridge Parents Cocktail Party

Natasha Mitchell  
Deputy Head of Shore Preparatory School - Northbridge

# Early Learning Centre – Northbridge

ELC Phone: 8966 5350 ELC Fax: 8966 5391

## ELC News

### Mini-Proms

What a privilege it was to be invited to attend the Kindergarten, Year 1 and Year 2 Mini-Proms performance in North Sydney last Thursday evening. I was so impressed with all of the children as they so confidently sang and danced for their audience. I could tell by the cheers and applause that it was an evening enjoyed by all. Well done K,1, 2 boys and girls! I look forward to seeing some of our ELC second years there next year.

### Sustainability - Reduce Reuse Recycle

Do you have any unwanted items at home that might be useful for the children to use in play? If so, we would love to have them. We are always looking for unwanted bits and pieces to use in the sandpit, construction areas, loose parts, dress ups and inventing lab. The ideas for these spaces are almost limitless, with nearly anything being able to be repurposed. Some ideas include old computer keyboards, pots and pans, kitchen utensils, clothing, kitchen storage containers and so on. If you are looking for more ideas, please come and ask one of us.

### Spare Clothing

Over the last few weeks children have been enjoying lots of messy play whilst at the ELC and as a result our spare clothing pool is getting very low, particularly the Shore polo shirts. If you have any of the ELC spare clothing could you please return it to your child's room teachers? Also, if you have any clothing items that doesn't fit your child anymore that you might like to donate, these would also be greatly appreciated.

### ELC Garden Fun - The Car Wash

The ELC garden program continues to change and adapt to reflect the children's interests. Below *Miss Alice Gibson* captures the essence of their newly created play space:

*Experience the finest car washing service in Northbridge! Here at the ELC Car Wash and Café all cars and trucks are cleaned using a range of methods. Customers can choose to have vehicles hand washed in the yellow tub or alternatively drive cars through our state of the art semi-automated car wash system. This specialty system uses a pump soap dispenser, hand rotating brushes, bucket rinsing and drape material drying to give an expert clean. While you wait for your car to be washed, relax with a cup of coffee or tea from our award winning café. Our specialist child made coffee machine offers a range of beverages and we also have a selection of gumnut cakes and bark pastries.*

### Important Dates

Week 10 – Healthy Harold Life Education Van at Northbridge

Monday 3 October – ELC closed Labour Day

Wednesday 12 October – Individual and Group photographs

Thursday 13 October – Individual and Group photographs

Wednesday 26 October – Living Safely with Dogs

Thursday 27 October – Living Safely with Dogs

*Rebecca Schollum*  
Director ELC

### UNIFORM SHOP

Open

Mondays, Tuesdays  
and Thursdays

9.30am to 4.30pm

(02) 9900 4704

# Games

### Wet weather information

Please refer to the  
Shore website on  
Saturday morning  
[www.Shore.nsw.edu.au](http://www.Shore.nsw.edu.au)  
(Quick Links/Prep Sporting  
Fixtures/ Prep  
Weekly Fixtures)

### **Winter sport awards**

We were honoured to have Mr Cameron Girdlestone, Senior School PDHPE Teacher and Olympic Champion, talk to the boys about his road to the Olympics and winning the Silver medal in rowing. He presented each team with the Best and Fairest award and Coach's award. Congratulations to Cameron Johns who received the Bob Templeton Cup and Baxter Howard who received the Johnny Warren Cup.

### **Snowsports**

Shore Prep students competed in the national snow sports competition last week at Perisher Valley. Congratulations to our competitors for braving trying conditions and contributing to the most successful Shore team ever. The team placed 7<sup>th</sup> overall in the Primary Division and our K, 1, 2 team finished 4<sup>th</sup> in Division 6 Alpine.

### **NSWCIS Athletics**

Congratulations to Fraser Pandit who ran 3rd in the U8 100m. He has now qualified for the NSWCIS team to compete at the NSW PSSA Athletics Carnival.

### **PE Classes – Term 4**

In Term 4, all boys 3-6 will be doing a swimming unit as part of the PD/H/PE Program.

During PE lessons the boys will walk to the Senior School swimming pool. There they will get changed into the following;  
Dress Code – School swimmers, Shore wet shirts, towel and sunscreen are compulsory. Goggles and cap recommended.

**Shore wet shirts available from the Uniform Shop.**

*Scott Mancey*  
*Sportsmaster/PDHPE*